

Conflict and Me Survey

1. Most people fight or argue when they: _____

2. Most people fight or argue over: _____

3. One good thing people get from arguing or fighting is: _____

4. One bad thing about arguing and fighting is: _____

5. People generally respond to conflicts by (list two): _____

6. I fight or argue when: _____

7. I get upset or angry when other students: _____

8. I make others angry when I: _____

9. When I'm talking to someone else who is really angry or upset, the most important thing to do is:

10. When I'm really angry or upset with someone, the most important thing for me to do is:

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11. When I'm upset at, mad at, or bothered by another student I can (list three):

12. When I have a disagreement or conflict with someone, we can agree to:

Ways To Settle Conflicts Fairly

Participant Names: _____

Adult(s) Supervising: _____

😊 Use a game of chance. What game did you use and did it work?

😊 Take turns. Did you try to take turns? How did it work?

😊 Apologize. Did you apologize? What was the outcome?

😊 Share. Did you try sharing? How did it work for you?

Conflict Resolution Worksheet

Participant Names: _____

Adult(s) Supervising: _____

😊 Identify the problem. List your problem here:

😊 Think of a strategy and write it below:

😊 Act and make your strategy work.

😊 Check in. Did your strategy work? Do you need a new strategy? Write your answer below:
